

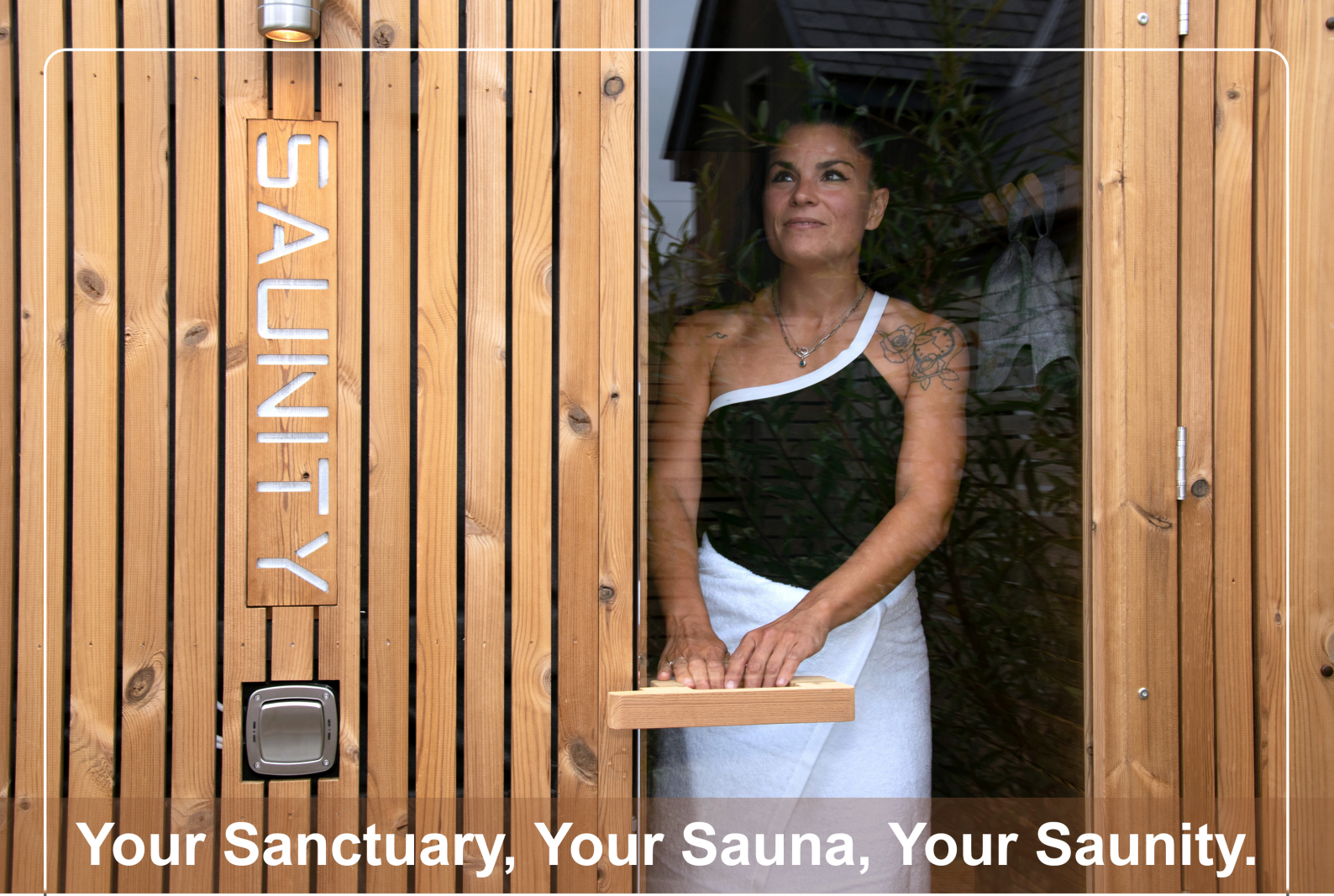
SAUNITY

— Sauna Solutions —



Sauna Pod

Made in Cornwall



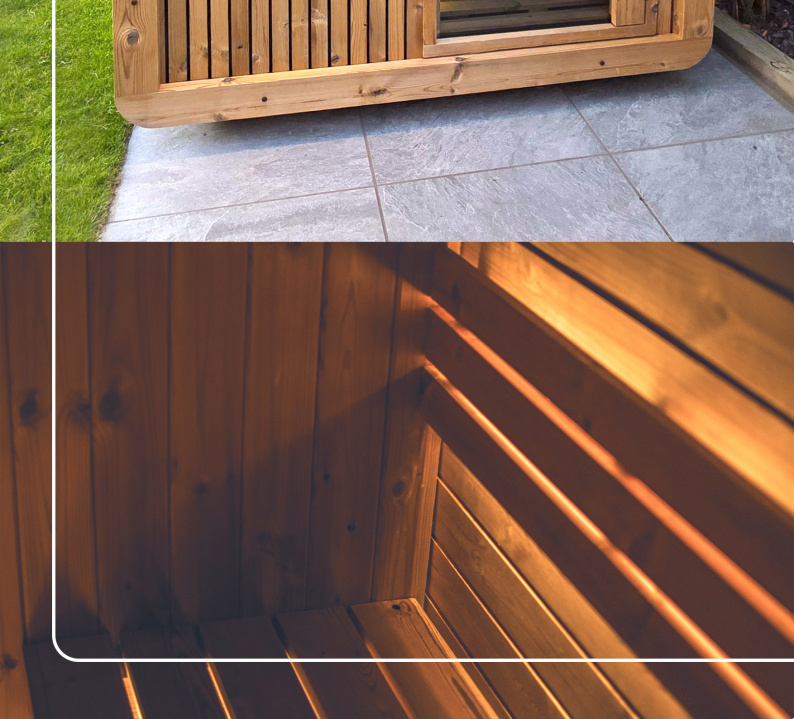
SAUNITY

Your Sanctuary, Your Sauna, Your Saunity.

A sauna should look every bit as good as it feels.

The Saunity Sauna Pod is more than a sauna, it's a space to escape, recover, and reset. Designed & hand-built in Cornwall, each Saunity Sauna Pod blends natural materials, timeless design, and careful craftsmanship built to last. Choose from four optional Osmo Oil finishes that protect and enhance the exterior, while inside, dual-cavity insulated walls lock in heat, creating a steady, deeply warming atmosphere that makes every session feel just right. From the smooth touch of the bench to the gentle rise of warmth in the air, every detail is designed to deliver an authentic Finnish-inspired experience. Saunity Sauna Pod isn't just about heat, it's about slowing down, tuning in, and giving your body and mind the space to recharge. Whether it's post-surf recovery, a winter warm-up, or a daily ritual of calm, the Saunity Sauna Pod turns simple moments into lasting wellbeing.

**Step inside the Saunity Sauna Pod,
and let the rest of the world fade away.**



Key Standard Features.

Every Saunity Sauna Pod comes fully equipped as standard, with a 14cm dual-cavity insulated wall system that locks in heat, an efficient Harvia heater for consistent warmth, and Finnish Thermowood inside and out for lasting beauty and durability. Premium details such as stainless steel fittings and quad-hinge door system are included, along with all essential accessories and professional (unit) installation. All within the base price.



Optional Exterior Finishes.

Make your Saunity Sauna Pod uniquely yours with premium range of optional exterior finishes. All finishes are carefully selected for durability, aesthetic appeal, and weather protection, so your sauna will both look beautiful and stand up to diverse climates.



Wood Finish: Natural



Photographic image aim to represent the finish as accurately as possible. Real samples are available for accurate viewing.



Digital images aim to represent the finish as accurately as possible. Real samples are available for accurate viewing.

Wood Finish: Osmo Bangkirai



Photographic image aim to represent the finish as accurately as possible. Real samples are available for accurate viewing.



Digital images aim to represent the finish as accurately as possible. Real samples are available for accurate viewing.

Wood Finish: Osmo Massaranduba



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Digital images aim to represent the finish as accurately as possible. Real samples are available for accurate viewing.

Wood Finish: Osmo Bog Oak



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Digital images aim to represent the finish as accurately as possible. Real samples are available for accurate viewing.

Wood Finish: Osmo Black



Photographic image aim to represent the finish as accurately as possible. Real samples are available for accurate viewing.



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Saunity Sauna Pod in detail.

Insulation

The Saunity Sauna Pod is engineered for exceptional heat performance, featuring a double-cavity wall system with dedicated insulation panels and a moisture barrier. This advanced construction maximises heat retention, improves energy efficiency, and ensures a stable, comfortable environment session after session.

Materials

The Saunity Sauna Pod is built with the high quality materials, chosen for their durability, performance, and timeless style. At its core is the Finnish Thermowood, renowned for its natural beauty, exceptional stability, and resistance to the elements. This sustainably sourced timber forms the foundation of each Pod that is as strong as it is elegant. Every detail is considered, right down to the fixtures. The exterior is fitted with a 316 marine-grade stainless steel light, ensuring lasting performance even in coastal environments, where salt and moisture can quickly wear down lesser materials. These premium components make the Saunity Sauna Pod a product that not only looks outstanding but is built to last.

Efficiency

The Saunity Sauna Pod is built for outstanding efficiency, thanks to its insulation system. Unlike many pod designs on the market, every Saunity Sauna Pod is insulated, allowing it to retain heat exceptionally well. Each Pod comes standard with a compact 4.5kW Harvia electric heater, yet it is capable of reaching temperatures of up to 90°C. We've made a conscious design choice: our Pods are built to heat the right way, not the fastest way. Some modern saunas focus on blasting hot air quickly, but in doing so they sacrifice what makes a Finnish sauna truly special. In a traditional sauna, it's the stones that absorb, store, and release the heat, creating a deep, even warmth. We allow around 50-60 minutes for the sauna to heat-up ensuring the lava stones reach their optimal temperature, setting the stage for an authentic, restorative, and unforgettable experience. For those rare occasions when extra heat is desired, the Saunity Sauna Pod can be fitted with an upgraded heater. This allows the sauna to reach higher temperatures while still maintaining its signature balance of consistent warmth and energy efficiency.

Saunity Sauna Pod technical details.

External Dimensions

Width: 164 cm

Height: 225 cm

Depth: 212 cm

Internal Dimensions

Width: 132 cm

Height: 187 cm

Depth: 175 cm

Bench

Size: 175 cm x 50 cm

Positioned just above the lava stone height for the optimal sauna experience.

Weight

Approximately 600 kg.

Capacity

While many competitors market saunas of this size as up to 4 person units, we prefer to be honest: the Saunity Sauna Pod is a 3-person sauna.

Whats not included in the base price.

The electrical connection from the Customer's consumer unit to the Pod installation site is not included in the standard price of the Saunity Sauna Pod. This is due to variations between properties and site-specific requirements, which prevent a fixed cost from being provided in advance. Saunity partners with certified electrical installer, to deliver safe, high-quality electrical installation at your home. The cost of running the appropriate power supply from the consumer unit to the Pod location will be determined following a site survey. This cost is the responsibility of the Customer and will be invoiced separately.

To ensure your Saunity Sauna Pod is ready to go, you'll need to provide a strong, level base measuring at least 165 cm x 215 cm, capable of supporting a total weight of 600 kg (plus occupants).

Please note: the base and power supply are an additional cost for the customer.



A Note of Thanks

Hi, I'm Dan, founder of Saunity.

Thank you for considering a Saunity Sauna Pod. Every Pod is designed and hand-built with care in Cornwall, and it means a great deal to me that you're exploring Saunity work. Your interest supports a small, business with a passion for craftsmanship, wellbeing, and lasting quality. I'm truly grateful for your time and trust in Saunity.

About

The idea for Saunity was sparked during my wife's self-healing journey, when sauna became an important part of her recovery. With my school background in machinery engineering, 20+ years in woodworking, and nearly two decades in manufacturing, I realised I could build something truly special: a sauna pod that's not only functional, but beautiful, durable, and designed with care. Having lived in Cornwall for the past 20 years, I've been increasingly inspired by the global shift towards wellness and intentional living. Saunity was born as a way to combine decades of craftsmanship with this movement, creating Pods that help people unplug, recharge, and reconnect. The name says it all: Sauna + Unity = Saunity, a celebration of the calming power of heat, nature, and human connection. Saunity Pods are built to last, designed to inspire, and crafted to give you a sanctuary of wellbeing that feels truly your own.

**Step inside the Saunity Sauna Pod,
and let the world melt away,
one blissful breath at a time.**



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